

Title:

3 Ways to Become a Super Person

Word Count:

403

Summary:

I was driving down the freeway the other day when I saw a billboard with a picture of Christop

Keywords:

personal life coach, personal life coaching, personal success coach, stress

Article Body:

I was driving down the freeway the other day when I saw a billboard with a picture of Christop

Courage. Most of us shy away from a challenge. Maybe we don't like confrontation, or maybe w

Optimism. Ever hear the old glass half full/half empty analogy? Well, it's true. You have a

Self-determination. Where do you see yourself in 5 years? 10 years? A person without a goal

There is a bit of a superhero in all of us. Sometimes, it takes an unexpected event to bring

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