

Title:

Addiction to Complaining

Word Count:

738

Summary:

Complaining is a way of life for some people. It was certainly a way of life for my mother. I

Keywords:

complaining, whining, poor attitude

Article Body:

Complaining is a way of life for some people. It was certainly a way of life for my mother. I

Over the years of counseling others, I've noticed that some people start every session with a

Why do people complain? What is it they want or hope for when they complain?

People who complain are generally people who have not done the emotional and spiritual work of

Complaining is a ^pull~ on other people. Energetically, complainers are pulling on others for

This is what my father did. He withdrew, shut down, was emotionally unavailable to my mother a

My father's withdrawal, of course, only served to exacerbate my mother's complaining, and she

While my parents loved each other, their ability to express their love got buried beneath the

A person addicted to complaining will not be able to stop complaining until he or she does the

Our inner child ~ the feeling part of us ~ needs attention, approval, caring. If we don't learn

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