

Title:  
Arguing

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Summary:  
Arguing just to argue is a great way to hone your debating skills - and diminish your brain power

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Article Body:  
Arguing - what's it good for? Arguments are rarely "won." When you think you won an argument,

**Arguing Diminishes Brain Power?**

At times things need to be debated, but most of the time, it just isn't productive. You may want to win an argument.

There is at least one thing we can probably agree on. That is that a person listening to arguments is more likely to be right.

You see, arguing too much gets you in the habit of looking for arguments more than for truth.

**Brain Power From Listening**

Say the moon is closer, and if I say the sun is, one of us has to be right. On the other hand, the sun is closer.

The second argument has to do with values, experiences, and poorly defined terms. We've seen this in many arguments.

How do you break the habit of arguing? Start by purposely asking for people's opinions, and listening to them.

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