

Title:

Attitude of Gratitude

Word Count:

448

Summary:

Why should you have an attitude of gratitude? Consider how winning a million dollars would feel

Keywords:

attitude of gratitude, gratitude, attitude

Article Body:

An attitude of gratitude? People often think it will come from having some great luck or fortune

**Gratitude 101**

Your life is better when you feel blessed, when you can look around and say "Thank you, God,"

Of course, it is easy to think that gratitude comes from having what we want. We might imagine

**Creating Gratitude**

An attitude of gratitude arises from how you look at things. It is the natural feeling that comes

The first step is to stop and smell the roses. How can you be thankful for something you don't

The second step is to make this appreciative approach to roses and life a habit. You don't need

One way to encourage this habit is to start writing down every positive thing that happens to

Simple exercises like the one above train your mind with time. When you are in the habit of "o

This is a demo version of txt2pdf v.10.1

Developed by SANFACE Software <http://www.sanface.com/>

Available at <http://www.sanface.com/txt2pdf.html>