

Title:

Be A Proud Owner Of Your Own Best Ways Of Quitting Smoking!

Word Count:

456

Summary:

How to quit smoking is not only a million dollar question, it is a question affecting millions

Is ...

Keywords:

quit smoking, stop smoking, ways of quitting smoking

Article Body:

How to quit smoking is not only a million dollar question, it is a question affecting millions

Is there a happy smoker? May be a rare one! More than 80 % of the smokers' population, who for

What it is that latent in the tobacco, which holds powerful sway over these unfortunate millic

What happens when a smoker smokes? The smoke is inhaled and nicotine is transported deep into

So, the nicotine is 'the all-pervading reality' within the blood-stream now, and it reaches wh

At this time, let us say an innate desire sprouts in the smoker to give up smoking. Some thing

Now is the right time to quote Mark Twain: ^Quitting smoking is easy. I have done it a thousan

But remember, all these negative tendencies have got to be resolute because by now you have de

Best of luck!

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