

Title:

Body Language in Communication: What Do Your Gestures Say?

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1474

Summary:

Have you ever wondered what your gestures say about you? Or how you are affected by the gestur

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Body Language, Communication, Gestures

Article Body:

While speaking at a large International conference recently, I was asked by lots of people why

One set of people who really know about body language in communication are dancers. Recently,

She also explained to me that in differing cultures, the gestures women make when dancing are

In recent months, someone asked me to consider writing a book with them about teaching methods

In fact, I read that both gestures and vocal sounds can be considered as part of a person's sy

So here today are some steps to follow to heighten your awareness of body language in communic

Step One: Firstly, each time you are having a chat with someone, observe the gestures they mak

When you listen to someone, their hands will complement or emphasise what they are saying to y

The thing I find fascinating is that most people are blissfully unaware of their own gestures,

Here are three main ways to interact with a person's gestures:

Step two: Secondly then, once you notice a person's gestures, feed some of them back to the pe

Developing rapport with someone has often been described as getting the attention of and commu

The second approach to utilising gestures I call referring. So, for example, if someone said ^

Step Three: Investigate how to refer to people's gestures by doing it more and more.

If someone says ^I'd like to do a certain thing, but something else keeps stopping me~ while t

The third way you can use this is with full engagement. I once had a client who said ^I'd like

His face went bright red and he began laughing raucously out loud! He said ^Well that makes it

Body language in communication: In Business

This is not just interpersonal communication that I am referring to with this working with ges

She said that there was a chap at work who often came to her for help in solving technical pro

The lady from my seminar noticed that when the chap said the word ^problem~, he held his hand

Pay attention to the gestures of others, their body language in communication and use them bac

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