

Title:

Chronic Conditions And My Life

Word Count:

631

Summary:

Living with a condition is undeniably stressful and depressing. You soon find out just how much

There are 'chronic' illnesses (continuing for a long time), and there are 'acute' conditions (

Keywords:

health, conditions, illness, disease, health conditions, sickness, coping

Article Body:

Living with a condition is undeniably stressful and depressing. You soon find out just how much

There are 'chronic' illnesses (continuing for a long time), and there are 'acute' conditions (

Such an illness can leave you drained emotionally, socially, physically and sometimes financially

And sometimes people with a chronic illness will keep their condition to themselves, but they

After you have adapted to your condition, the next thing to do is learn all you can about it.

And don't be afraid to ask the Doctor/Nurse questions; if you don't understand the Doctor's re

Some questions for the Doctor might be:

What is the treatment for my condition?

How many treatments will i have?

Will they be painful?

Are there side effects?

What if i forget my medicine?

What if the treatments don't work?

Will i be cured?

Learn all you can about your illness, the medications, and treatments for it, and you'll soon

It's difficult at the best of times, to say the least, living with a chronic condition.

Your body's not functioning or looking the way it should, and to you it's very annoying and dep

And above all, don't let it be the main focus of your life. You had a life before it came along

Unexpected challenges (illnesses) leave one to find an inner strength they may have never thou

I hope you are going to be one of these people.

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