

Title:

Communication Skills: Internal Boosters

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704

Summary:

Find out how you can enhance your communication skills by utilizing naturally occurring processes.

1. Choosing your Direction:

Most of the well meaning gurus of modern life have taught us to have goals. I too talk about this.

Keywords:

communication skills, good communication

Article Body:

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1. Choosing your Direction:

Most of the well meaning gurus of modern life have taught us to have goals. I too talk about this.

All our goals should be aimed at inner satisfaction first and then external manifestation. It will be lot easier when you take the tension off a destination and create a goal post for yourself.

2. Build your Self worth:

Getting a snapshot of our inner self and communicating with it is the stepping stone for lasting success.

Many successful people believe that building one's self worth is the best investment one can make.

Important: The Intention of giving should be to satisfy oneself and not for appreciation or praise.

3. Interrupting and Empowering: The Right way to use...

Most of the communication skills courses tell us not to interrupt. I think they are leaving out a key element.

Due to the ritualistic living that we are undergoing, it is quite easy to adjust ourselves into a routine.

Next time you catch yourself thinking of a problem, interrupt that thinking and empower yourself.

To sum up, Build your self worth and master your internal communication. (See <http://www.communication-skills.com>)

When you have these three criteria with you, it's like mastering the accelerator, gears and brakes.

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