

Title:

Conquer Your Fear! Learn To Be Confident In Public Speech

Word Count:

434

Summary:

In public speaking, fear maybe viewed as negative leading to ineffective communication. This i

In public speaking, fear comes from the ^fear of the unknown.~ Most people are afraid of not b

But f...

Keywords:

public speaking, speakers, course, speech

Article Body:

In public speaking, fear maybe viewed as negative leading to ineffective communication. This i

In public speaking, fear comes from the ^fear of the unknown.~ Most people are afraid of not b

But fear can be seen in a positive aspect as well. According to Kenneth McFarland, ^it is not

Fear can be a motivating force for the public speaker that adds strength, energy and conviction

In any public speaking experience, stage fright and anxiety are hindrances to building your se

If you need to know more on how to build your self-confidence, here are some practical tips:

1. Share your personal experience to begin your talk. Why? Because no one knows better than yo
2. The most effective way out, if fear attacks you, is to do it. Conquer your fear. Do not hes
3. Accept that you know. Be confident to share about it.
4. As a public speaker, you ought to assume the delivery man role and that you carry an import
5. Apologizing in public speaking is a sin. Do not apologize for your material or even your la
6. Be yourself and be confident. Do not imitate government officials in the way they speak. Sp
7. Prepare for the occasion by dressing appropriately and then forget how you look.

Confidence is a key element in achieving success. But remember, be on guard against overconfid

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