

Title:

Creating A Meaningful Life

Word Count:

618

Summary:

If you knew you were going to die tomorrow, what would you do today?

Sometimes we forget how fleeting life is. There are no guarantees. We might be here until we're

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Keywords:

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Article Body:

If you knew you were going to die tomorrow, what would you do today?

Sometimes we forget how fleeting life is. There are no guarantees. We might be here until we're

If you knew you were going to die tomorrow, would you have any regrets? Would you feel a sense

Think back to your childhood for a moment. Remember how slowly time seemed to move? Remember h

So, how can we live our lives in a way that will leave us with no regrets? It seems that life

I think the answer isn't so much about adding more to our lives, but rather, more deeply enjoy

What transforms a person's life is how present they are in their day to day tasks. While you'r

Finally, and most importantly, allow yourself to really experience life. Take frequent moments

Cherish each moment you have on this earth. Live with passion, joy and awe. Cram as much happi

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