

Title:

Did You Check Your Confidence Level?

Word Count:

710

Summary:

Would you like to be confident? Your answer may be - YES.

I do want to be confident.

However, this answer lacks the impact. It is too generalized.

Just like everybody wants to do well in life and be rich but not many ever realize this wish.

A mere wish to be confident wo...

Keywords:

Article Body:

Would you like to be confident? Your answer may be - YES.

I do want to be confident.

However, this answer lacks the impact. It is too generalized.

Just like everybody wants to do well in life and be rich but not many ever realize this wish.

A mere wish to be confident won't take you anywhere. The dream must have a deadline as well!

Self Confidence might mean different things to different people groups.

For a child it might mean to be able to recite the poem to her teacher the next morning. For a

For a salaried person it may be the ability to be able to make a switch over from his secure j

Every task requires a minimum level of confidence to be able to be executed. Do you have a tas

Following is a simple questionnaire. You have to answer to these in a YES or NO

1. Does it happen too often with you that you cannot take a decision all by yourself and you s
2. Do you always seem to be in perpetual need of a support system wherein you can feel secure?
3. Do you just sit and listen all the times in your office meetings?
4. Do you feel difficulty in reporting a matter to your boss or you have an excellent idea tha
5. Are you terrified to meet someone new? Is public speaking your worst nightmare?
6. Do you timidly accept orders from your superior even though you know that you are already o
7. Are you excessively concerned about what other people think of you?
8. Do you fear taking risks?
9. Do you feel dissatisfied about your appearance?
10. Are you uncomfortable in social gatherings ~ being amongst lots of people?

If you happen to answer these questions with a Yes, you seem to have a confidence crisis that

Don't Panic, as it is good that you found out since now you are aware of a potential problem o

Here are some more questions you may answer.

1. Have you accomplished anything in the past?
2. Are you the one to go ahead and break the ice at a new place or wait for someone else to in
3. Do you feel you are well respected by others?
4. Do you think you have the potential to succeed?
5. Are you a happy and loving person?
6. Are you satisfied with your career graph?
7. Are you satisfied with your skills and qualifications?
8. Do you feel in control of your life?
9. Do you imagine yourself to be more successful five years from now?
10. Do you feel that you are a worthwhile person?

If you happen to answer most of these questions with a NO, you have LOW self-confidence levels

However, a YES is never decisive and a NO is never final. One needs to constantly maintain the

It's important that you honestly answer the questions above, since only when you realize the p

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