

Title:

Do You Have This Bad Habit?

Word Count:

652

Summary:

What is the worst bad habit you can have? Find out, and see what you can do to break it.

Keywords:

bad habit, habit, habits, brain power

Article Body:

It's likely that all of us have this bad habit to some extent, and I nominate it for the title

Are You Fighting Reality?

Fighting reality is a subtle habit, expressing itself in everything from blaming others for our

Consider how rarely you complain, or are angry or annoyed because rocks are hard and water is

Of course you can work to make the world a better place, but you don't need to deny or fight r

A great way to excuse ourselves from taking responsibility, and one of the subtle ways of fight

Breaking A Bad Habit

Blame the person who chooses to be cruel to you, but you are also to blame if you choose to be

A person can wait for his "ship to come in," or can face the fact that people create most of t

Sometimes we don't want to see the truth. To really want to see it we may need to look at the

Do you need motivation to change? Start watch complainers and blamers and those who say "shoul

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