

Title:

Forgive or Else You Are Shackled Like a Prisoner to Your Past!

Word Count:

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Summary:

By your choice of not forgiving, you have chosen to shackle yourself like prisoners to your past.

Keywords:

forgiveness, self-empowerment, responsibility, affirmations, subliminal mind programming, grudges, r

Article Body:

By your choice of not forgiving, you have chosen to shackle yourself like prisoners to your past.

When we carry grudges, resentments, old hurt and pains we end up hurting ourselves more than t

Forgiveness has to be given without resentment and in honesty. It must be completely genuine o

A lot of hurts and pains are buried deep within our subconscious mind. We do not remember them

I am ready to heal myself. I am ready to forgive everyone that has ever done me wrong, how do

Go into your physical sacred space, sit and start a list. Go back into your life as far as you

This does take awhile but it is very powerful! Free yourself and move on! If you feel like the

Some other very powerful ways to free yourself with forgiveness are through energy work, medit

You have the power within to change your life, who do you need to forgive right now?

If you have any questions, would like to purchase the energetic clearing program, self-healing

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