

Title:

Getting Help With Stammering

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440

Summary:

Stammering (clinically referred to as dysphemia) is a form of speech defect concerned with an

Naturally, the condition is frustrating for the patient as it not only hampers his/her ability

Keywords:

public speaking, speaking, speaker, speech, stammering

Article Body:

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Can stammering be cured?

The answer is an overwhelming yes. Since the condition is primarily caused by habit, given enough

How can you get help?

- If you (or someone you know) stammer, consult with a speech pathologist.

This is so that proper assessment of the condition can be made and verified whether stammering

- Next a speech therapist will prescribe a series of exercises to correct the defect.

It's been discovered that stammering is not merely a speaking defect but one that involves listening

How can you help yourself?

- When working with a speech therapist, you may need to make several and frequent visits at the

- Experts recommend that the minimum duration in treating stammering is 3 months of consistent

- The optimum age in carrying out speech therapy is around the ages of 15 and 25. This is because

Finally, there is nothing wrong with asking for positive reinforcement from friends, family and

With patience, diligence and some time, the problem of stammering can be solved leading to a

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