

Title:

How To Improve Brain Function

Word Count:

482

Summary:

There are many ways to improve brain function. Here is one of the best.

Keywords:

how to improve brain function, brain function, problem solving

Article Body:

How to improve brain function? Start with a few questions.

Is problem solving easy for you? Do you learn new things quickly? Can you improve your brain

Brain Function and Expectation

1. A friend spent his childhood with wealthy kids and their families. He now makes more money

2. The book said there was a checkmate in four moves, so I looked until I found it. I used to

Do you see how expectation and belief expands or limits your mind and your life? Now, to apply

What you think certainly affects what you accomplish. When you believe you can improve your br

Okay, don't worry. I won't tell you to stand in front of a mirror making positive affirmations

Affirmation or Evidence?

Try this experiment: Watch for polite drivers for two days, making a mental note to yourself e

Do the exercise above, and you'll understand that you experience the world not just according

Notice your success. When you learn something new, make a mental note, or write it down even.

Go ahead and make those affirming statements, but why not make them when you are looking at th

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