

Title:

How To Recognize Alcoholism

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Summary:

Alcoholism is a devastating disease that effects millions of people every year. Recognizing al

The clinical way of looking at alcohol is by examining the amount of alcohol a person consumes

Keywords:

alcoholism

Article Body:

Alcoholism is a devastating disease that effects millions of people every year. Recognizing al

The clinical way of looking at alcohol is by examining the amount of alcohol a person consumes

Warning signs of alcoholism may vary form person to person. Usually though these warning signs

- misses a lot of work or school
- losses interest in family, friends or activities
- depression
- drinking to cope with any problem
- insomnia
- being intoxicated often
- moody
- drinking related health problems

These are some of the noticeable warning signs. More serious behaviors can also serve as a wak

Alcohol when taken in moderation is a nice way to relax or enjoy a social engagement, where wh

- worry over not having alcohol or money to buy it
- hiding alcohol so others do not know you have it
- often wishing to be drunk or get drunk faster
- unable to stop drinking once started
- hearing others comment on your drinking

Alcoholism should always be taken seriously. If you or someone you know has a drinking problem

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