

Title:

How To Use Your Emotions

Word Count:

456

Summary:

Probably a third of all miseries that trouble humankind are emotional. Psychiatrists mostly di

For instance, a paranoid may imagine that people don't like him. A diagnosis may show that the

Keywords:

master emotions,control emotions

Article Body:

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Let's take a simpler and more common example. A spirited talk about their child's birthday par

Everyday, many people are held prisoners by their emotions. They let emotions rule their lives

If you choose to, you can use emotions to your advantage. Instead of letting them take over yo

The truth is that emotions have no power to control anything or anyone. The only reason they s

The good news is that you can order your emotions to propriety. With the right training, you c

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