

Title:

How to Train Your Memory by playing Scrabble?

Word Count:

259

Summary:

You can memorize things better by using some easy techniques that can be trained by playing so

Keywords:

memory, memorize, scrabble, word game

Article Body:

Scrabble, besides being a game that needs skills in strategy, it also calls for good memory to

Therefore, this word game can be used to help improve one's memory.

As you know very well, the key to the achieving of high points in this game is by forming words

To train your memory, try to remember the words contain the letter.

As tips, to make it easier, try to associate the word with something, such as your experience,

For example, to remember the word 'quiescent', you can associate it with one of your friend, w

Another technique, which is my favourite to remember a list, is by combining the words together

"The zany zebra in the zoo runs zigzag zealously and meets zookeeper, zoologist and zombiie."

Notice that by combining them, at least you have memorized eight words that contain 'z' letter

You can apply those techniques to remember things in your daily life.

A research showed that memory can also be improved by doing light activities that stimulate the

Scrabble, as you know, needs a right strategy to win. Besides having to think about your next

Concentrate better so your memory will improve more.

Happy playing this exciting game...

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