

Title:

Like Your Garden Your Mind Can Grow Weeds Too!

Word Count:

418

Summary:

How many of you have a garden in your backyard where you grow your favorite vegetables. You pl

What happens though if you plant your vegetables and forget about them? WEED...

Keywords:

habits, stop smoking, self help, self improvement, nail-biting

Article Body:

How many of you have a garden in your backyard where you grow your favorite vegetables. You pl

What happens though if you plant your vegetables and forget about them? WEEDS! That's right yo

Your garden is like your mind. When you are a child you are given the proper care and nurturin

What happens along the way is kind of sad. You are exposed to weeds. Just like your garden. Ba

With all these negative influences one might think that there in no chance of changing habits

Just like the happy, joyful feeling you have while eating the big juicy red tomato from your e

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