

Title:

Look Up! - The Power Of Expectations

Word Count:

1125

Summary:

"We will always tend to fulfill our own expectation of ourselves" ~ Brian Tracy

As we know, UP is a direction. More importantly, it is a direction that we want to go. The fir

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Article Body:

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What's holding us back? One of the main things keeping us from achieving more is that our expe

My Fair Lady. In George Bernard Shaw's play Pygmalion, Eliza Doolittle is transformed from a C

We See It Every Day. Most of us have observed the power of expectations with a familiar exampl

"You have to expect things of yourself before you can do them." - Michael Jordan

"Believe that life is worth living and your belief will help create the fact." - William James

Who Cares? Who cares enough about us to impose expectations upon us? The obvious answer is fri

One of the ways that this happens is by planting doubt. Let's say we truly believe that we hav

What About Me? That's right, we are the most important person in our lives in determining our

Aside from the people in our inner circle of influence, there are others that have the ability

When Did I Choose? Unfortunately for many, the past controls the present. For others, concerns

If the future is controlling us, it is generally in the form of anxiety. The Bible tells us wi

From this, we surmise that the only appropriate time to set our expectations is in the present

"We must learn to reawaken and keep ourselves awake . . . by an infinite expectation of the da

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