

Title:

My Left Brain Wrote This Article

Word Count:

728

Summary:

You may have heard that your left brain, or rather the left hemisphere of your brain, is different

Keywords:

left brain, right brain, brain power

Article Body:

The terms "left brain" and "right brain" refer to the left and right hemispheres of your brain.

The left brain processes things more sequentially and systematically than the right. It is more

The right brain is the "artists" brain. It handles things in more random and subjective manner.

How distinct are the two halves of your brain? Consider the amazing experiments involving people.

In a typical experiment, a divider lets a subject see two objects - say, a cup with the right

The two hemispheres normally work more closely together. These split-brain experiments show how

**Left Brain Right Brain Dominance**

You will usually favor one style or another of thinking, and this may be an indication of the

What if your left brain is dominant, and you want to work on developing your right brain? You

To stimulate and strengthen the thinking processes of your "left brain," talk about things as

To be more "whole brained" in your approach to things, work on your weakest areas, using some

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