

Title:

Overcoming Touch Deprivation

Word Count:

298

Summary:

From the time you were a newborn how well you thrived depended in large part by how much you w

I was born two months premature in Trinidad in 1965. I was only 4 pounds and had to be in an i

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Keywords:

herpes, herpes treatment, sexual health, sex education, wellness, women\\\\\\\\\\\\\\\\'s health

Article Body:

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We tend to get touched less and less as we get older, although our primal need for touch never

Our world is becoming too formal, too stiff, too emotionally cold.

For the sake of your physical, emotionally, mental and spiritual health, give your self more p

Don't limit touch to sex. Don't limit touch to just your partner and family. Reach out and tou

Close your eyes sometimes and experience your world through touch.

Your skin is your biggest organ- use it. Get more skin to skin contact.

Everyone can heal and be healed through touch.

Be a great healer and lover by experiencing the miracle of touch as often as you can.

Christopher Scipio

Homeopath/Herbalist

Holistic Viral Specialist

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