

Title:

Path to Healing

Word Count:

981

Summary:

The path to healing is a personal choice. It is a path where you choose to piece together the

Keywords:

Article Body:

It is within us to explore and draw upon our inner resources to heal. Some wounds are embedded

A famous Yale surgeon says that as a surgeon, he cuts into the body, but he can not order the

The path to healing is a personal choice. It is a path where you choose to piece together the

What needs healing?

Childhood trauma:

The imprint of childhood experience is a powerful force. An expectant mother who lives through
Years ago, domestic matters were never discussed openly, especially issues about abuse, violence

These are issues that take its toll on the young victims. They grow up with wounds, carry them

When love is a venom:

How many hearts have known pain all in the name of love. It invades lives from all walks of li

The most traumatic of all is the violation that comes from those who are supposed to provide a

Grief

The loss of a loved one can be most devastating. Sometimes one did not have a chance to bid th

Guilt

Wrong turns, wrong choices, wrong decisions. We all take wrong turns, make wrong decisions and
or at the cost of financial comfort and security or worst, relationships are threatened, lost

Wearing guilt on your face, in your heart, in your being invites negative vibrations and digs

Unfulfilled dreams and hopes

Live your dream,ride on the wings of hope; this will not always work out. One day you wake up

Path to healing:

Healing is a complex matter.

Who has never felt the pains of suffering, be it physical, mental, emotional, material and spi

There are avenues open to healing. One may choose to spend time with a professional, seek comf

It is important to acknowledge the pain, to recognize the cause, to be able to integrate the f

Healing extends beyond the physical state- when one hurts deeply, the spirit; the soul also be

Blocks to healing:

But, sometimes, the path to healing is full of potholes. Indeed, the path is covered with bloo

resignation

Disclaimer:

Sometimes, we hurt those we love most deeply; likewise, we bear the pain they cause. This is a

END

This is a demo version of txt2pdf v.10.1

Developed by SANFACE Software <http://www.sanface.com/>

Available at <http://www.sanface.com/txt2pdf.html>