

Title:

Personal Development Power Steps

Word Count:

1569

Summary:

Accelerate your self improvement and personal development by discovering the first rule of per

Keywords:

personal development, self improvement, self help, goals, self development, personal growth

Article Body:

Self Improvement stipulates that in order to change we must first accept that we are responsible

From the very day you were born up to this very moment while you are reading this article, you

There are a thousand reasons that can be given for your present position in life, your outlook

Not matter how hard you try or how much you moan, complain and feel regretful you simple cannot

Blaming others for you problems or current circumstances will lead you to ruin in the long run

By trying to manipulate circumstances, environments or people you will always remain out of co

We are told in numerous religious teachings that we were made in the image and likeness of The

There is a desire within everyone to better their life. This desire takes different forms and

You would not be given desires and the yearning to better yourself and your life if it were no

Start with ambition! Decide that you can and will reach your goals because you now know that y

Create a vision that will stoke the fires of your enthusiasm. A vision that means something to

Now set stepping stone goals. Goals that once achieved have brought you that bit closer to you

Write down your vision and your goals. Make statements that reflect positive outcomes as thoug

Never frame the statement in negative terms or in a way that reflects the "wanting" of the goa

Let's take an example - your vision states that you want harmony in your home. You make the de

Let's return to the example of the house. You set one of your stepping stone goals to buy a ho

Ensure that you set a deadline for the attainment of your goal but again, make it realistic. C

Read this statement twice a day. Morning and night. Visualize your goal and then your vision a

Now that you have set your goal it is necessary to calculate the best way of achieving it. Don

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