

Title:

Read Your Mind, Are You Hoping People Will?

Word Count:

664

Summary:

Do you expect others to read their mind? This is a common trait especially with family, spouse that the other person will know what you are thinking and feeling. Then when they don't or mis

Keywords:

SelfConfidence,ReadMind,CommunicationTraining,SpeakingUP,Self-Empowerment,QuantumPhysics

Article Body:

Do you or anyone else you know, expect others to read their mind?

This is a common trait especially with family, spouses and close friends. You lose all control of your life when you do this. You are leaving probably the most important

Much of this comes from an underlining feeling of, If you loved me then... (Fill in the dots)

Did you know that this causes you to toss away you power, confidence and the ability to commun

The challenge with this, is that you are leaving yourself vulnerable to other people's wishes,

I have seen people get upset and state that their birthday was ruined because the other person

Well if it is that important, then why don't you say so? Why are you leaving your happiness to

I have seen this go both ways. Men have come home and said to their wives, where is such and
Think about this, the other person was probably half a sleep and you left hints. Why n

Sometimes we just hope others will know what we want and other times we may be scared to say w

I was at a workshop and much of it was based in Quantum Physics and practical application. One

clear on what we wanted. This one person said a job. So I started asking what kind of job. Th

Many people are like this. They don't want to say and sometimes even admit what they want and

Quite often, the universe, source energy, God, whatever you wish to call it, is confused by mo

It is up to you to first, communicate with yourself, get clear, make that crystal clear with w

One word of caution, if you are not used to speaking up, there is a good chance some people ma

That way if they do what they want, they can fall back on the, well I had to guess what you wa

Over all though, when you take back your power and life, you will find yourself being a much h

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