

Title:

Right Brain Left Brain

Word Count:

573

Summary:

What are the differences between the right brain and left brain, and how do you use both more

Keywords:

right brain, left brain, brain power

Article Body:

The concept of "right brain left brain" refers to the two hemispheres of your brain. Some amaz

For a typical experiment, a divider allows a participant to see two objects - say, a cup with

Of course, you have only one brain, and the two hemispheres work together normally. These spli

Left Brain

For more than 90% of right-handed people and 70% of left-handed people, the left hemisphere:

- Processes things more sequentially.
- It is more rational, logical, analytical, and objective.
- It looks at the parts.
- It handles normal speech.

If you want to stimulate and strengthen the thinking processes of your "left brain," talk abou

Right Brain

Again, the following is true for most people. The right hemisphere:

- Handles thing in more random and subjective manor.
- Is responsible for "hunches" and other intuitive processes.
- Looks more at wholes, and is best at pattern-recognition.

If you want to exercise your "right brain," sing. Stutterers find that they don't stutter when

Right Brain Left Brain Dominance

Most of us seem to favor one style or another of thinking, and this may be an indication of th

If you want to be more "whole brained" in your approach to things, you can start by working on

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