

Title:

Self Confidence - The Deciding Factor

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Summary:

Ruth was one of my best friends in elementary school. She was not the most talented student, n

Keywords:

Article Body:

Ruth was one of my best friends in elementary school. She was not the most talented student, n

From observing Ruth and many other people around me in my career, I learned a very important l

Just a few weeks ago, I had a conversation with Tammy, another friend of mine. She is a very t

Whether Tammy was right or not in her assessment, I think that this incident proves my point:

So how do we make sure our child develops strong confidence in his ability? In my opinion, thi

Here are a few suggestions that can make a huge difference in your child's confidence:

1. "You can do it". Say it to your child often. Teach your child to say to himself, when he a

It is very noticeable that when working on a Math problem, again, confidence is the deciding f

Help your child, by reminding him that he can do it. Teach him to say to himself, "I can do it

2. Don't criticize your child when he attempts an activity. Don't correct him. It is so tempti

Should you let your child hold the pen incorrectly? No, of course not! But let him do his rese

My neighbor Chris visited me with his 4 year old son, Nick. In order to keep Nick happy and bu

3. Praise, praise, praise. Take the opportunity to celebrate every achievement, big or small.

Praise has to be sincere, of course. Praise has to be accompanied by enthusiasm. It has to fee

Before my son, Eric, was 2 years old, we started taking piano lessons together. I have always

4. At the end of the day, when you tuck your child to bed, discuss the day's events with your

5. Write down a few positive affirmations for your child. Good examples for affirmations are:

Repeat the affirmations to your child, 3 times each. 2 to 3 affirmations at a time are plenty.

6. Your child learns about the world and about himself from you, and from the community that h

If your child is very young, make sure all others who take care of him are also aware and cons

7. Make sure your child knows he can discuss with you any issue that is on his mind. This way,

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