

Title:

Simple Reasoning for a Complex World

Word Count:

924

Summary:

When life becomes too complicated, take a moment to reflect on this simple logic. It could cha

Keywords:

professor of philosophy, your good health, important things in life, simple reasoning

Article Body:

A professor of philosophy stood before his classroom silently as the last of his students file

Like a magician showing nothing up his sleeve, he panned all corners of the room then placed t

When finished, he raised the vessel over his head again and spoke. ^Who among you will tell me

Everyone agreed the beaker was full.

The professor placed the beaker down on the table and quietly continued. He picked up a pail o

He raised the beaker filled with golf balls and pebbles above his head and asked again, ^who a

The professor stared at his befuddled students.

Still holding the beaker above his head, a tense quiet filled the room. Then, setting it back

Now, too heavy to lift the professor stepped back and asked again, ^who among you will tell me

A unanimous yes rang out.

Showing the hint of a smile, but eyes still fixed on the group, the professor reached below th

This time moans and laughter filled the room.

^Now! the professor bellowed, I want you all to look at this glass beaker as your life. It is

^The golf balls, he continued, represent the most important things in your life; your family a

^The pebbles represent other things in life that are important such as your job, your house, y

The sand is the small stuff.

The professor then stood up on the table, pointed down at the beaker and in a serious, almost

^And if you fill your life with small stuff there will be no room for the things that truly gi

He leaped from the table and began pacing the floor in front of everyone. He stopped, looked a

^Don't sweat the small stuff,~ he slammed his fist down on the table.

^Pay attention to the things that are critical to your happiness. Enjoy your family. Love your

^There will always be time to play, to go to the mall, to watch television, to relax. But you

The class was stunned and remained silent.

Then one student raised his hand and asked. ^What does the coffee represent?~ The professor sm  
"I'm glad you asked, he said, returning his glasses to his face. That's the one thing I want y  
He collected his papers and bag, looked up at the group and said, ^how ever full your life may

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