

Title:  
Six Bad Habits

Word Count:  
588

Summary:  
See how many of these six bad habits you have, and what you can do to break them.

Keywords:  
bad habits, habits, brainpower

Article Body:  
Your bad habits limit your success in life. Below are six of the worst, with suggestions on how to break them.

**Bad Habits**

1. Waiting for opportunity. Should I be "waiting for my ship to come in," while others are out there?
2. Short-term thinking. I talked to a man who paid \$700 per month in rent when a nicer place was available for \$400. Though short term thinking got this man into his situation, and he didn't have the \$300 extra, he was stuck. The solution? You'll usually change your mind about impulsive decisions by the next day. Wait.
3. Impulsive actions. A man showed me his \$200 hat, then minutes later he told me he was hoping to sell it for \$500. The solution? You'll usually change your mind about impulsive decisions by the next day. Wait.
4. Blaming. Whether justified or not, how often does blaming someone or something for our situation help? Let's suppose that a given type of business is over-regulated. Who will most likely succeed here?
5. Procrastination. We know that often, "later" becomes "never." To stop procrastinating, get it done now.
6. Indulging one's laziness. I have little to say about this bad habit, except that I don't know how to break it. Maybe you have heard the saying, "change your mind - change your life." How do you change your mind?

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