

Title:

Surrendering To Freedom: Stepping Into Grace

Word Count:

476

Summary:

Earlier this month as I sat at the desk by the upstairs hall window, looking down on the blossoms

I entered my office and watched as she flew against the window unaware that she was just 10 inches

Keywords:

Article Body:

Earlier this month as I sat at the desk by the upstairs hall window, looking down on the blossoms

I entered my office and watched as she flew against the window unaware that she was just 10 inches

But suddenly, she stopped her frantic flapping and flew onto my finger, sitting there as naturally

Slowly I shifted my hands towards the open side of the window. Somehow the clarity and awareness

When I returned to the desk I began thinking of how much I am like that little house finch: Resilient

Admiring the beauty of the Sonoma County landscape, I imagined myself settling into the hands of

Since that day I have been away of the times when I am struggling like that finch. It sometimes

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