

Title:

Taking Charge of Your Life

Word Count:

599

Summary:

It is the rare individual who always lives his or her life at cause; however, far too many of

Keywords:

selfgrowth, success, goals, self esteem, nlp

Article Body:

How do you live your life? At cause or at effect? It is important to be aware of this distinct

Being at cause means that you are decisive in creating what you want in life and take responsi

If you are at effect, you may blame others or circumstances for your bad moods, for what you h

Being at cause means you have choices in your life - you can choose what is best for you while

Those who live their lives at effect often see themselves as victims with no choices whatsoever

Emotions such as guilt, fear, anxiety and resentment are the result of being at effect. People

Do I always live my life at cause? No, not a chance; the great majority of the time I do live

Each morning when you get up, you can either ask yourself, "I wonder what my day will bring,"

This is a demo version of txt2pdf v.10.1

Developed by SANFACE Software <http://www.sanface.com/>

Available at <http://www.sanface.com/txt2pdf.html>