

Title:

The Blame Game - To Play Is To Lose

Word Count:

557

Summary:

While the blame game may have its place in the realm of politics, it can only hurt us to play

Keywords:

blame game, blame, self improvement

Article Body:

<p>What do you win when you play the blame game? If you could convince others that your parent

<p>Possibly. There is some evidence that assigning failure to things outside our control may b

<p>Losing The Blame Game

<p>Focusing on outside factors that contribute to our problems de-motivates us. Even if it was

<p> 1. Learn Your Lessons.

<p> 2. Take Responsibility.

<p>If, for example, it was an accident on the part of your friend, you just let it go. If your

<p>It's one thing to recognize when others do something wrong, or storms rain on your parade.

<p>Subtle Blame

<p>Ah, but the blame game can be a subtle one. There is a fine line between the necessary reco

<p>To overcome this tendency, include what YOUR decisions are when talking about outside facto

<p>Everyone of us could think of dozens of people and things that have caused us problems in o

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