

Title:

The Drugs Don't Work!

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Summary:

Can Hypnotherapy heal the problems that traditional treatments cannot resolve? Is it our attitude

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Article Body:

Can Hypnotherapy heal the problems that traditional treatments cannot resolve? Is it our attitude

^Hypnosis~ may conjure up images of swinging pendulums and stage trickery, but it's a technique

There's now some pretty conclusive evidence that Hypnosis is effective in pain management and

So, what's hypnotherapy all about? Hypnosis is an altered state of consciousness, which is a level

Full Conscious Awareness is the state in which we spend most of our waking hours. In this state

Hypnosis is special because it opens up a channel of communication between the conscious and the

At a subconscious level we don't think in the usual way. Our minds react and we can't distinguish

In the Hypnotic State, you are "experiencing" without questioning, without critical judgment or

So why is it that some people respond and some don't? Generally, if two or more emotions are involved

By definition, Habits, are those repetitive behaviors that you do "without thinking." With the

I am not for a moment suggesting that drug treatments should be abandoned in every case. There

In many cases drugs are not a cure, we rely too much on the treatment of symptoms and not enough

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