

Title:

The Greatest Secret Of The Universe

Word Count:

571

Summary:

The goal of human life, according to yogis and sages, is to unite one's individual consciousness

Keywords:

meditation, yoga, bliss

Article Body:

The goal of human life, according to yogis and sages, is to unite one's individual consciousness

Before I reveal the "greatest secret of the universe" it is useful to understand how the process

On the other hand, if you forget about the physical world around you, turn your attention within

The greatest obstacle on this path is your own ego. Of course you need an ego to even begin meditating

With constant practice you can overcome your attachment to mundane objects and one day arrive at the

Here is where the "greatest secret of the universe" can help you out. Normally when you meditate

It will become much easier to remain in a meditative state when you think that the Supreme Consciousness

As simple as this technique is, it is the key to reaching a state where there is no feeling of separation

There is an old story that illustrates this process. A seeker came to a door and knocked. A voice

Finally one day he knocked at the door and when the voice asked, "Who's there?" he replied, "The

This is a demo version of txt2pdf v.10.1

Developed by SANFACE Software <http://www.sanface.com/>

Available at <http://www.sanface.com/txt2pdf.html>