

Title:

The Meaning Of Dreams

Word Count:

590

Summary:

There is a guiding principle to dream interpretation, and Edgar Cayce said it best when he cal

Dreams are a tool, like the proverbial ^finger pointing to the moon.~ Don't focus on the finge

Keywords:

dream, interpret, common, nightmare, symbol, archetype

Article Body:

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Dreams are a tool, like the proverbial ^finger pointing to the moon.~ Don't focus on the finge

The primary purpose of dreams is to attempt to balance the psyche. Keeping this in mind will h

Trying to understand one dream in isolation is like trying to understand a person by spending

Dreams are like plays or movies that we create every night, and they have a similar structure.

oEstablishment of a LOCATION. Where does the dream take place? How do you feel about that plac

oIntroduction of the CHARACTERS. Who are the characters? How are you presented? Who is the ant

oHow does the PLOT unfold? There is usually a beginning (where the story is established and be

Sometimes (rarely) dreams can be very literal and they are easy to understand. There is nothing

Most often, however, dreams are shrouded in symbolism that points beyond the literal image. Th

Dreams are often messages from our subconscious mind that are resisted by our conscious mind.

Unraveling these symbols can be very difficult, but also a lot of fun. It's the ultimate myste

Sometimes the answers are as simple as consulting a dream dictionary for the meaning of common

Interpreting your dreams can provide you a life-long quest that goes way beyond the puzzle sol

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