

Title:

The Willingness To Heal

Word Count:

569

Summary:

I have counseled individuals, couples, families and business partners for the past 35 years and

We cannot begin a journey without our willingness to do so. Without our willi...

Keywords:

personal growth, spiritual growth, self improvement, self help

Article Body:

I have counseled individuals, couples, families and business partners for the past 35 years and

We cannot begin a journey without our willingness to do so. Without our willingness to do what

Willingness means that we choose to be courageous and face our demons - the shadow side of our

Willingness means that we are ready to ask for help from a spiritual source of strength, and f

We cannot move into the next step of the Inner Bonding process, the intent to learn about what

Willingness means that you pay attention to the physical sensations within your body. You cann

We put ourselves on a new path toward our own wholeness when we become willing to feel our pai

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