

Title:

The Wise Woman Tradition Empowers Women

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979

Summary:

The Wise Woman Tradition is the oldest known healing tradition on our planet. It offers a unique

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susun, susan, weed, herb, empowerment, disease, breast, cancer, hrt, ert, flash, flush, hysterectomy

Article Body:

The Wise Woman Tradition is the oldest known healing tradition on our planet. It offers a unique

The medicine I learned in school was based on a linear, scientific, male worldview whose truth

Assuming that a healthy male is the definition of health may not seem like much of a problem,

Consider: Healthy women were given DES (a hormone) simply because they were pregnant - their o

Millions of menopausal women have been (and are still) treated with hormones in an effort to r

Menstruating women need some quiet time alone. Instead they are offered pink Prozac to help th

Women are advised to have their uterus (and increasingly their ovaries, too) removed since the

There is more to medicine than the male perspective. I speak for the woman-centered tradition.

The Wise Woman Tradition empowers women by:

- Focusing on simple remedies that are easily accessible
- Sharing information freely
- Offering compassionate listening
- Renaming her weaknesses as strengths
- Reminding her that her body is the body of the earth, is the body of the goddess, is t

The Wise Woman Tradition empowers women to:

- View themselves as healthy, even when they have problems
- Create their own healthy norms
- Honor their natural cycles and changes (puberty, menses, pregnancy, menopause)
- Define themselves from a woman-centered viewpoint
- Connect with other women for personal and planetary healing

Much of modern medicine seems complicated and difficult to understand. Many alternative remedies

The Wise Woman Tradition heals by nourishing the wholeness of each unique individual. Nourishing

One of the great gifts of the Wise Woman Tradition is the renaming of our weaknesses as streng

The Wise Woman Tradition empowers women by reminding us that we are sacred, that our bodies ar

When women accept orthodoxy's image of them as constantly in need of help, they accept a power

When women believe that their natural cycles and changes (puberty, menses, pregnancy, menopaus

When women define themselves from a male-centered viewpoint, they always loose. When they defi

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