

Title:

Understanding Depression

Word Count:

416

Summary:

Everyone can agree on the fact that depression is a debilitating disease. What we can't all see

Common cause of depression include biochemical factors, severe stress, a sense of hopelessness

Keywords:

Article Body:

Everyone can agree on the fact that depression is a debilitating disease. What we can't all see

Common cause of depression include biochemical factors, severe stress, a sense of hopelessness

Some researchers believe that stress and feelings of overwhelming hopelessness are the causes

But what effect does depression have on our ability to think and reason? Do all our thoughts become

In general the depressed person sees the cup as half empty, not half full. That's not to say that

I believe our thought process is like a fingerprint. Everyone's is different in some way. No two

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