

Title:

WHY IS IT IMPORTANT TO IMPROVE YOUR SELF?

Word Count:

753

Summary:

Easy steps from self reduction to self improvement.

Keywords:

self-improvement, purpose, value, need, passion

Article Body:

Sometimes, when all our doubts, fears and insecurities wrap ourselves up, we always come up with

You spot a totally eye-catching girl sitting by herself at a party, casually sipping on a glass

We look at a young business entrepreneur and say ^Wooh what else could he ask for?~ He stares

Isn't it funny? We look at other people, envy them for looking so outrageously perfect and wise

Sometimes, you notice that you have an irritating habit like biting off your finger nails, having

I have a friend who never gets tired of talking. And in most conversations, she is the only one

One key to self improvement is to LISTEN and TALK to a trusted friend. Find someone who you find

One of Whitney Houston's songs says ^Learning to love yourself is the greatest love of all.~ That

Before telling other people some ways on how to improve themselves, let them see that you yourself

Stop thinking of yourselves as second-rate beings. Forget the repetitive thought of ^If only I

We all have our insecurities. Nobody is perfect. We always wish we had better things, better friends

If you are interested in learning more, probably the best self improvement information resource

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