

Title:

What Every Professional Needs To Know About Alcoholism And Drug Addiction

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Summary:

Alcoholism & Drug Addiction are common realities in today's society. Some estimates have shown

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Article Body:

Alcoholism & Drug Addiction are common realities in today's society. Some estimates have shown

Who Does Drug Addiction Affect?

Addiction's effects insidiously spread. Bringing only destruction, sorrow, and pain, it affects

Many untrue myths on the origins of drug addiction continue to circulate. Some attempt to pinp

How Can Drug Addiction Be Detected?

With most drug addictions there are warning signs. Some are characteristic symptoms of particu

- * Red or dilated eyes
- * Slurred speech
- * Cold or sweaty hands
- * Difficulties concentrating
- * Moody, impatient, dangerous, and/or violent behavior
- * Extreme periods of energy (e.g., constant talking) and/or fatigue
- * Paranoia
- * Sudden or decreasing disregard in personal appearance or hygiene
- * Sudden change in friends
- * Dishonesty
- * Depression

Well over half of drug users work, and two out of five have taken an illicit drug at their wor

- * Decreases the quality and/or speed of work.
- * Constant absences and/or tardiness (especially right before a weekend or holiday break and r
- * Often leaving work early
- * Lengthening breaks
- * Talking more on the phone
- * Stealing company supplies and/or profits

An employer may detect job performance issues; whereas, a health provider may spot behavioral

How Can a Professional Help a Drug Addict?

Addiction can be permanently treated. But then why do so many recovering addicts return to the

By preparing ahead of time, professionals can ensure that they provide substance abusers with

Step One: Educate Yourself on the Signs of Drug Addiction

First, know how to recognize addiction; look for warning signs (stated earlier). Second, becom

Step Two: Talk to the Person

This may prove to be the most difficult step. Fears of being wrong often deter people from app

Step Three: Offer Guidance and Suggestions

While demonstrating concern is essential, it is important not to come on too strong. Destroyin

Step Four: Be Supportive

Even if professionals delicately ask about a possible addiction, the addict may still refuse h

The Lasting Recovery of Individual and Holistic Alcohol and Drug Rehabilitation

People suffering from addiction need both benefits of individualized care and of socialization

Substance abuse attacks from all angles and progressively weakens a person into sequestered pa

Drug Rehab Centers should offer a variety of specified therapy treatments. Incorporated with i

Rejuvenating all components of human life, comprehensive alcohol and drug rehabilitation offer

- Physical Training
- Massage/Bodywork
- Acupuncture
- Nutritional Advisement
- Yoga/Music/Arts Treatment
- Image Therapy
- Peaceful and Soothing Environment

Complete drug or alcohol rehab programs develop further specialty therapies to address specifi

Professional help is needed to eradicate substance abuse. With valuable societal positions, pr

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