

Title:

What Is Self-Confidence?

Word Count:

518

Summary:

Easy to identify, yet probably difficult to define, conceptualize, and measure what does self-

One of the main requirements to success, happiness and reaching your goals is confidence. Havi

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Keywords:

Article Body:

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Confidence is the personal ownership of no one; the person who has it learns it and goes on le

Your degree of confidence is truly the outcome of how you perceive yourself - which is eventua

Therefore if you dont have a high degree of self-confidence or a huge deal of self-esteem then

In other words, you are being your own worst enemy! The good thing is that you can alter this

The most talented person on earth has to build confidence in his talents from the foundation o

Self-confidence is an approach which lets individuals have positive yet reasonable viewpoints

Self-confident people trust their own skills and abilities, have a general sense of influence

Having self-confidence does not necessarily mean that people will be able to do everything.

Self-confident people do have expectations and standards that are realistic and reasonable. Ev

People who are not self-confident rely extremely on the consent of other people in order to fe

They often place themselves down and tend to disregard or overlook remarks and praises paid to

On the other hand, self-confident people are willing to risk the disapproval of others because

Self-confidence is not essentially a general trait or characteristic which permeates all aspec

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