

Title:

Why Pay for Counselling?

Word Count:

1012

Summary:

Our public health system has been failing to meet those needs and has been the subject of much

Keywords:

psychology, transpersonal psychology, counselling, counsellor

Article Body:

In Canada we have become accustomed to subsidized health care, which translates to a cultural

But what about counselling, where does that fit in our healthcare plan? Counselling a
But for those folks that are not covered under this kind of plan because either your e

Paying for counselling is an investment in yourself, which for many is a huge obstacle
The biggest challenge to paying money for therapy or counselling is the anxiety that r
Our beliefs about money come from the family in which we were raised and those attitud

As adults we cannot ignore other influences into our lives that challenge our belief s
So, why pay for counselling?

When we take a step towards self-care, when we say to ourselves that something has to

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