

Title:

Your MIND and Its SUPER-Powers Hidden Within

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528

Summary:

This article shares with you examples of how you can use your mind to achieve any dream through

Keywords:

self help, hypnosis, self hypnosis, self improvement, self esteem, self confidence, hypnotism, quite

Article Body:

The human mind is an Infinite wonder.

It has the power to transmute your Inner desires into their physical counterparts once focused

What the mind can conceive, You can achieve, just as long as you have the inner Belief and Will

For example, take the case of where cancer patients were given 'Placebo Pills'.

These pills were just plain old pills that have absolutely NO healing capabilities what-so-ever

So what, how did they get well?

The healing power came from their thoughts.

They were told that these pills contained the highest amounts of cancer-fighting ingredients w

So the point here is, they naturally assumed in their mind that if they took this pill it would

Do you see how powerful your mind can be?

They simply registered it in their minds that these pills would cure them of their illnesses a

This is just one example of the SUPER-Powers hidden within your mind.

So... now that I have your attention you probably asking yourself this question, "How can I u

Well, one of the most effective ways is to use the "as if" principle.

And what I mean by that is, act "as if" YOU are the person you want to be.

Act "as if" You are already possess whatever it is you have longed for.

Simply put, Think, Act and Feel like you've already accomplished what you have dreamed about a

This principle is a very Powerful principle if you simply believe.

And you'll be much closer to your goal if you're constantly intact with your objective(s).

It's okay to be obsessed with your dreams.

It doesn't mean that if you want to be Superman you'll be able to fly out of a window and into

That would be Crazy!

I'm simply saying, "Do what needs to be done".

Take ACTION on your dreams.

Let your visions Encourage and Motivate you.

The problem with people in today's world is that they are too pre-occupied with Worries, Anxiety,

As a result of this, people are adversely affecting their state of health.

White lies unfortunately have become prevalent nowadays in order to ease the burdens or to per-

A famous person once said, "Whenever you think you can or you can't, you're right!"

If you think you are poor, then you are; unless you properly condition your thoughts to a 'Pos-

I know it's hard to think "Rich" if your environment is not conducive to such way of thinking.

Use your imagination and 'Visualize' in your head that your house is a mansion and your old ca-

Well, I think you get the picture.

There is absolutely NO limit to what the mind can achieve but You have to combine Belief, Will-

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