

Title:

Alcohol Rehab: How Rehab Centers Help Addiction Recovery

Word Count:

846

Summary:

Alcohol addiction is a serious disease. Not only can it tear a family apart and lead to financial

\* Choosing the Right Alcohol Rehab Center

An alcohol rehab center is the best source for a person ...

Keywords:

drug rehab, addiction recovery, addiction, addiction treatment, alcohol rehab

Article Body:

Alcohol addiction is a serious disease. Not only can it tear a family apart and lead to financial

\* Choosing the Right Alcohol Rehab Center

An alcohol rehab center is the best source for a person looking for assistance with addiction

There are two forms of help a person with an alcohol addiction can receive from a rehab center

\* The Support of an Alcohol Rehab Center

Regardless of the type of program the person with an alcohol addiction follows, the basics of

\* The Medical Evaluation

The medical evaluation conducted by the alcohol rehab center is meant to help the staff identify

Improving the patient's physical health is an important component of addiction recovery. This

\* The Psychological Evaluation

The psychological evaluation also provides the staff of the rehab center with volumes of impor

\* Therapy

Generally, an alcohol rehab center will provide both group and individual therapy to its patie

Nonetheless, individual counseling is also critical to addiction recovery. Having the opportu

\* Detoxification

In addition the medical and physical evaluations, patients of alcohol rehab centers generally

The detoxification period is difficult for the person suffering from alcohol addiction because

\* Extended Care

Extended care, which is also sometimes referred to as aftercare, is vital to the success of ad

Extended care programs are designed to help monitor the patient's success in alcohol addiction

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