

Title:

Five Tips On Your Children & Television

Word Count:

564

Summary:

Television doesn't have to be a negative influence on your children. Use these tips to help ma

Keywords:

Children, Television, Kids, Parenting, TV

Article Body:

Television can be one of the worst influences on your child. But that doesn't mean that it has

1. Establish limits on how much TV your children watch. You should do this at a very young age

It is recommended that children under age 18 months do not watch television at all. While this

For children between the age of 18 months and three years of age, I recommend no more than 1/2

For children between the ages of 3 years and 6 years old, I recommend setting the limit at 1 h

After age 6 you can set the limit at 2 hours. That should be good limit for your child through

2. Watch TV with your child instead of just leaving them to watch it by themselves. When you w

3. Never offer TV as a reward. You shouldn't associate television as something that "good chil

4. Set a positive example. If you watch a lot of TV then obviously it will be much harder to c

5. Select non commercial programming for your kids to watch. The most harmful part of TV for k

The negative impact of commercials is hard to calculate. I think it's possible that a large po

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