

Title:

Healthy Neighborhoods Make Healthier Kids

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Summary:

Experts say many communities across the nation are becoming less healthy, a dangerous trend th

Keywords:

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Article Body:

Experts say many communities across the nation are becoming less healthy, a dangerous trend th

Often, these problems exist because the way communities are designed can have serious health o

For example, in urban areas, lack of sidewalks, safe spaces to play, and access to fresh foods

Many children, especially those living in low-income communities, do not have a nearby doctor

Fortunately, there are things communities across the nation are doing to improve children's he

Delaware County, Ohio-the fastest growing county in the state-offers another example of what p

Is your neighborhood healthy for children? Five questions to ask:

1. Is my family's house free of harmful levels of mold, lead and other kinds of toxic substanc
2. Is there a safe playground nearby where my children can play?
3. Is there a grocery store in my community that offers fresh meat, fruits and vegetables?
4. Is there a health clinic or pharmacy in my neighborhood?
5. Is the air in my neighborhood clean and safe for my kids to breathe?

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