

Title:

How to Prepare for a Long Flight

Word Count:

557

Summary:

Everyone loves a vacation, but no one enjoys a long plane ride. Over the past few years I have

Keywords:

Travel, flight, vacation, air travel, advice,

Article Body:

The first thing I like to do is to get as little sleep as possible the night before I fly, this

My next tip is to get to the airport 3 hours in advance, this is for 2 reasons. By getting the

Things to pack in your carry on:

When ever possible I try to avoid putting things under the plane, but sometimes it is unavoi

I always make sure to bring a fully charged MP3 player, my MP3 player hold 20 gigs of music so

Just incase I cant sleep I will also make sure to bring a book with me, if for whatever reason

I also recommend bringing a thick soft sweater with you on the plane, this can be used if it i

I like to play video games, so I travel with one of the new hand held video games everywhere I

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