

Title:

Innovative Program Empowers Women Cancer Survivors to Rediscover Their Inner and Outer Beauty

Word Count:

438

Summary:

Tapping sources of inspiration and support, maintaining the activities of their daily life, and

Keywords:

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Article Body:

Beverly Kirkhart thought her life was over when her doctor delivered the news: "You have breast

"One day, I looked in the mirror and thought, 'Who would love this?'" said Kirkhart. "I felt like I

Many cancer survivors feel they will never be the same. They cope daily with emotions like fear

Kirkhart found renewed hope and self-confidence through journaling her experiences and feeling

Along her journey, Kirkhart connected with Lisa Cole, a nationally recognized lingerie fitter

"Our program aims to help women rebuild their self-confidence, whether it's by choosing the right

Another critical element of the Mirror, Mirror program is the wellness discussion given by oncologists

"My patients are often devastated by how they look and feel as a result of their cancer and it

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