

Title:

Self Defense-Parking Lot Safety

Word Count:

427

Summary:

Shopping, generally speaking, is meant to be fun especially around the holidays. Predators how

Keywords:

Self defense, stun gun, pepper spray, parking lot safety, women's self defense, non lethal sel

Article Body:

There is nothing more impressive than shopping in a mega mall with more stores than you can vi

Unfortunately, predators salivate at the thought of seeing a woman by herself late at night in

Here are some tips to avoid potential trouble for women's self defense and parking lot safety.

1. Lock your car on arrival. Keyless entry is best for time savings.
2. Park as close to your destination as possible.
3. If help is available, make sure you take advantage of it. Most grocery stores still of
4. Try making most shopping trips during the day.
5. Be aware of your surroundings. Is the parking lot well lit? Are there areas where a pr
6. Listen to that inner voice. It is better and wiser to be safe than sorry. If you don't
7. Upon approaching your car, look around, in, underneath and next to your car. Last week
8. Once inside the car, quickly lock all doors. Most people let their guard down once ins
9. If you are alone wait until others walk by and join them.
10. Sorry to say but avoid strangers.
11. Carry some non lethal self defense weapons like a stun gun or pepper spray or some ty

Distractions are plentiful when shopping. It is so easy to become engaged in something else an
Remember to trust your judgment-you can't ever be too cautious.

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