

Title:

Why People Lie

Word Count:

588

Summary:

Why do people lie, especially to those they love?

Lying is a technique that is used to influence, control and manipulate other's thoughts, feelings,

Not only is lying fairly common, but it can take several different forms. On occasion, people

Keywords:

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Article Body:

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So why do people lie, especially to those they love?

Lying is typically motivated by one or more of the following factors:

Avoid Punishment

Lying is often used to avoid punishment or possible rejection. If a spouse or romantic partner

Seek Approval

Not only are people designed to avoid punishment, but people universally have a need for approval

Maintain Privacy

Everyone needs some privacy ~ a sense of independence, autonomy, and freedom. People like to f

Avoid Conflict

Couples rarely see eye-to-eye on every issue. And if couples were determined to (and some do),

Regulate Power

Whether people like to acknowledge it or not, power differences are present in every relations

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